

## Ongoing Metaphysics

OM-Ongoing Metaphysics class finished its first topic of Sanskrit and Mantra Chanting in mid-August. We meet Tuesdays at 6:45-8:15PM. The group is chanting one mantra to release obstacles and another one to bring prosperity to Unity Centre for Spirituality. The spiritual discipline of mantra chanting consists of chanting 108 repetitions of each mantra daily for 40 days, ending on Sunday, September 15, 2019: om gum ganna puttuh yay namaha, and om shree mahaa lakshmee yay swaaha (phonetically).

We also started a new class led by Dr. Clare Puskarczyk: Art, Physics and Resonant Fields running through October 15, 2019. We learn about various historical art forms, how they foreshadowed later scientific discoveries, and we express our conscious and unconscious through personal art with colored pencils and 14x17” art paper.

After this class is finished, we’ll see a Japanese movie on Edgar Cayce, and then do 3 weeks of “Soul Collage”. So if you see a topic you’re interested in come and join us for any class. They are independent so you don’t have to take all of the class or do them consecutively. See you soon! Call me with questions: Roger Dale Juntunen 330-883-0977 or email me at [rdjuntunen@gmail.com](mailto:rdjuntunen@gmail.com).

Date	Class #	Clare Puskarczyk: Art, Physics and Resonant Fields
8/13/2019	1	Perspective; Impressionism
8/20/2019	No Class	Pranic healing
8/27/2019	2	Childlike art and the repression of children in art; Light in art and science
9/3/2019	3	Electromagnetic fields and color; Cubism, Fauvism, and Futurism
9/10/2019	No Class	Singing Bowl Meditation
9/17/2019	No Class	Pranic healing
9/24/2019	4	Flatland and 3-D; The General Theory of Relativity
10/1/2019	5	Simultaneity; Magritte and Escher
10/8/2019	6	Complementarity; Newton's forcefield and $E = MC^2$
10/15/2019	7	Special Relativity Theory ; Space, Time, Energy, and Mass; Fractals and holograms
10/22/2019	8	Entanglement; Rupert Sheldrake, Nassim Haramein; Resonant Fields